



(Sold in 2 lb. containers only) \$11.00 per container

Pre-Order Online at www. DG2GoFood.com

click on "Specials" Or by calling the Park Office (814) 684-3538 ext. 0. Mon.-Fri., 8:30 am-4:30 pm.

Pre-Order Deadline for Each Weekend: Orders Due by 10 am the Wednesday before the Friday Pick Up.

Pick Up Days: Feb. 3-4, Feb. 17-18, Feb. 24-25

(Please make sure you are picking up on correct weekend) No Sale Feb. 10-11 (See DG2Go Super Bowl Special)

Pick Up Location: DG2Go Pizza Shop

Pick Up Hours: Fri. 4 pm-8 pm & Sat. 12 pm-8 pm

No walk ups. Available thru sellout. Not for commercial establishments; for home-use only.





Pre-Order with Credit Card Online at www.DG2GoFood.com click on "Specials" Or Pre-Order by Calling the Park Office at (814) 684-3538 ext. O.

Office Hours: Mon-Fri, 8:30 am - 4:30 pm. All Pre-Orders Must Be Placed and Pre-Paid Online or By Phone.

Pre-Order Deadline: Wed., Feb. 8, 2023 at 10 am



Menu:

1 Box of Homemade Frozen Heart-Shaped Ravioli & 1 Quart of Creamy **Tomato Basil Sauce**

\$15 PER SPECIAL

(Serves 2 - Approx. 16 Ravioli)

Pick Up: Fri. Thru Sun., Feb. 10-12, 2023 Pick Up Location: The DG2Go Pizza Shop Pizza Shop Hours: Fri. 4 pm - 8 pm, & Sat & Sun. 12 pm - 8 pm

> No walk ups. Available thru sellout. Not for commercial establishments; for home-use only.

PIZZA SHOP FEBRUARY SPECIAL! BUY ANY 2 PIZZAS & SAVE \$4.00







VALENTINE SPECIAL IS PRE-ORDER ONLY!

WWW.DG2GOFOOD.COM



SWEETHEART DEAL Valid Feb. 3-5, 10-12, 17-19, 24-26, 2023 Not valid with any other offer.



OUR CORPORATE FAMILY

DELGROSSO FOODS

Chairman of the Board/Treasurer: James DelGrosso

President/CEO: loe DelGrosso

Secretary: Bo DelGrosso

COO:

Matt DelGrosso

CFO/Assistant Secretary: Aaron Gray

Chief Sales & Marketing Officer:
Michael DelGrosso

DELGROSSO'S PARK

President/CEO: Carl Crider, Ir.

COO:

Scott Crider

Treasurer:

James DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary: Aaron Gray

MARIANNA FOODS

President/CEO:

Bo DelGrosso

Treasurer:

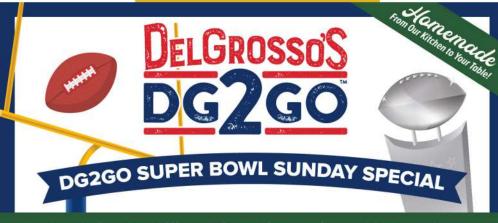
James DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary: Aaron Gray

PRE-ORDER DEADLINE: FEB. 9 @ 10AM



Pre-Order Deadline: Thursday, Feb. 9, 2023 at 10 am or thru sellout (whichever comes first) Pick Up: Sunday, Feb. 12, 2023 11 am - 1 pm at Main Parking Lot - Water Side

Pre-Order with credit card online at www. DG2GoFood.com click on "Specials" OR Pre-Order by calling the Park Office at (814) 684-3538 ext. 0. Office Hours: Mon-Fri, 8:30am-4:30pm. All Pre-Orders must be placed and Pre-Paid online or by phone.

DG2Go Big Game Party Kit #1

Meat Lovers Special (Serves up to 8):
Pulled Pork w/ Rolls (Includes Pickles & Pepper Rings)
(Packaged in Re-heating Pans - Separate From Rolls)
4 lbs. of Murf's Famous Potato Salad
3 lbs. of DelGrosso's Park Homemade Baked Beans
1 qt. of Cole Slaw

DG2Go Big Game Party Kit #2

Hoagie Lovers Special (Serves up to 8):
4 Marianna's Fundraisers Famous 14" Hoagies
(2 Italian, 1 Traditional, 1 Turkey)
4 lbs. of Murf's Famous Potato Salad
3 lbs. of DelGrosso's Park Homemade Baked Beans

\$75.00 per kit

DG2Go Big Game Party - MVP

Murf's Famous Potato Salad (Sold in 2 lb. containers only)

\$11.00 per container

No day of sale orders or walk ups. Menu listing/details subject to change. Items available thru sellout. Not for commercial establishments; for home-use only.

THE DELGROSSO FAMILY OF COMPANIES WAS PROUD TO SPONSOR THE BLAIR COUNTY CHAMBER OF COMMERCE 2022 JUDITH A. ROSSI EDUCATOR OF THE YEAR AWARD.



The 2022 awardee was Christine McGeary, a Kindergarten Teacher at Juniata Gap Elementary. She was nominated by 28 fellow teachers, administrators, clerical staff, maintenance, and grateful parents and friends. The nominees described Christine as someone who has the ability to embrace each child and bring out the best of their abilities. Even when she was diagnosed with breast cancer, through her treatment process she continued to teach, never complaining and did it with a smile while carrying a positive message. Congratulations, Christine McGeary!

MARIANNA'S FUNDRAISERS TEAMS UP WITH THE ALTOONA CURVE!

Marianna's Fundraisers is proud to be a sponsor of the "Always Be LOCO" Altoona Curve Baseball School Assemblies! These school assemblies stress the importance of staying physically active and having positive energy. Altoona Curve Mascot Loco shares activity tips and even has his "buddy" Buddy Bear from DelGrosso's Park share some fun dance moves with the kids.

Members of our Marianna's Fundraisers Sales Team also visit with the school officials to share easy ways to raise money for various school activities and groups. The team has visited over 25 schools this winter.





A SHOUT OUT TO OUR DELGROSSO'S PARK CATERING TEAM FOR AN EXTRA SPECIAL SET UP AT A RECENT FRED MILLER FOR JUDGE FUNDRAISING EVENT.



Guests of the event were raving about the delicious selection of food and the amazing presentation. Thank you to the entire team....Keep up the great work!



DelGrosso Dinners To Go!

PRE-ORDER ONLY

Tuesday Meals: Pre-Order is Due By 10 am on Thursday BEFORE the Meal Thursday Meals: Pre-Order is Due By 10 am on Monday BEFORE the Meal

Orders of 20 or more for LUNCH ONLY can request Delivery Service to your location (Tyrone, Tipton, and Bellwood Only). These orders must be completed via the Park Office. Meals will be delivered between 11 am - 12 pm. A specific delivery time cannot be promised.

Pre-Order with Credit Card Online at **www.DG2GoFood.com** or by Calling the Park Office at **(814) 684-3538 ext. 0**. Visa, Mastercard, & Discover accepted. Office Hours: Mon-Fri, 8:30 am - 4:30 pm. Please remember to double-check your date and time of order.

Lunch Pick Up: 11:30 am - 1:00 pm • Dinner Pick Up: 4:30 pm - 6:00 pm
Pick Up Location: Main Parking Lot, Water Side

MARCH 2023 MENU

Thurs 2nd	Homemade Ham Pot Pie (Roll & Butter)\$11.00
Tues 7th	Homemade Lasagna w/ DelGrosso Meatballs Featuring DelGrosso Meat Flavored Sauce w/ Salad (Roll & Butter)\$12.00
Thurs 9th	Beef & Noodles w/ Gravy and Mushrooms [Tender Beef w/ Savory Gravy Over Homemade Fettuccine] (Roll & Butter)\$12.00
Tues 14th	Grilled Chicken w/ Cheese Tortellini in a Sweet Roasted Red Pepper Cream Sauce Featuring La Famiglia DelGrosso Aunt Mary Ann's Sunday Marinara Sauce (Roll & Butter)\$12.00
Thurs 16th	Turkey Breast w/ Homemade Stuffing, Mashed Potatoes, Gravy, and Corn (Roll & Butter)\$12.00
Tues 21st	Grilled Chicken w/ Fettuccine in our Homemade Creamy Alfredo Sauce (Roll & Butter)\$12.00
Thurs 23rd	Homemade Meatloaf w/ Stuffing, Scalloped Potatoes, Gravy, and Baked Corn (Roll & Butter)\$12.00
Tues 28th	Pizza Casserole w/ Penne Pasta, Pepperoni, Sausage, and Mozzarella Cheese Featuring DelGrosso Pepperoni Pizza Sauce w/ Salad (Roll & Butter) \$12.00
Thurs 30th	Boneless Stuffed Chicken Breast w/ Mashed Potatoes, Gravy, and Glazed Carrots (Roll & Butter)\$12.00

No Walkups Allowed. Menu Listing is Subject to Change.

THE DELGROSSO FAMILY OF COMPANIES IS A SALE SITE FOR THE AMERICAN CANCER SOCIETY FOR DAFFODIL DAYS 2023!

Order Sheets & Payments will be collected February 20th at 10am.

Checks MUST be made out to: American Cancer Society

DGF: Kris Shields, MFS: Kris Wolfe, DAP: Marlana Isola, ACCT/HR: Melodie Stanley

DAFFODIL DAYS 2023 2023 Product Offerings



Cut Daffodils

Bunch of 10 Daffodils: \$10 Bunch of 10 Daffodils w/Vase: \$15 Box of 50 Bunches of Daffodils: \$500



Cut Tulips

Assorted Colors
Note: Bunch will be all the same color
Bunch of 10 Tulips: \$15
Bunch of 10 Tulips w/Vase: \$25



Mini Potted Daffodil \$15



Gift of Hope \$25



Checks Must Be Written to: American Cancer Society

> Payment has to be submitted by Feb 20 by 10am



DELGROSSO'S PARK & LAGUNA SPLASH WILL BE CASHLESS STARTING THE 2023 OPERATING SEASON.



WHAT DOES THIS MEAN: Debit, Credit, and Park Gift Cards will be accepted at every Park Point-of-Sale (POS) location throughout the season. EXCEPTION: Our annual Harvestfest, Italianfest, and other Outside Vendors may accept cash transactions.

WHY THE CHANGE: Cashless transactions are typically faster, safer, and more secure for both staff and guests. Like many other entertainment venues, our goal is to create a more convenient dining, retail, and gaming experience.

HOW DOES IT WORK: You will be able to use your Debit or Credit Cards at the Park. If you only have Cash, you will have to convert that to a Park Gift Card using our new Cash-to-Card kiosks.

- CASH-TO-CARD KIOSK: We will have two "reverse ATMs" aka Cash-to-Card kiosks, one on the Water Side and one on the Ride Side. These self-service kiosks accept cash in exchange for a Park Gift Card for use throughout the Park. You must put in exact dollar amounts, as the kiosks do not give change. There are no fees to convert cash to the pre-paid Gift Card at the Cash-to-Card kiosks.
- PARK GIFT CARD DETAILS: Gift Cards Accepted at all Park POS Registers throughout the season. These Gift Cards will not work online at www.MyDelGrossoPark.com or www.DG2GoFood.com. There are no fees to use the Gift Cards and cards do not expire. Gift Cards cannot be reloaded or refunded. Gift Card Balances can be checked at any Park POS Register (Note: 1 point = \$1.00). No portion of card balances will be redeemed for cash. Each Gift Card should be treated like Cash. Cardholder is solely responsible for lost or stolen card or any unauthorized use. The unused value of lost or stolen cards cannot be replaced.

Details subject to change.

HR CORNER





Bridget Spencer - MFS.
Awarded for Teamwork!
Helped a brother/sister out by
staying late to help prepare
for incoming winter storm!



Amber Spino - MFS. Awarded for Teamwork! Helped a brother/sister out by staying late to help prepare for incoming winter storm!



TO THE TEAM!



Josh Roudabush started on January 3rd as IT
Support Specialist for the DelGrosso Family of
companies! Josh most recently worked at Penn
State University as an IT Support Specialist II, and
previously worked as a System Administrator at
Conemaugh Nason Medical Center. Josh earned
his Associate in Specialized Technology Degree
from South Hills School of Business &
Technology. Welcome to the team, Josh!





Daniel Conway DGF - 2nd Shift Sanitation I



Daulton Upstill DGF - 2nd Shift Sanitation I



Mohamed Eltayeb DGF Cook Room I



Lori Estright DGF Cook Room I





Loretta Dillen DGF Cook Room I



Richard Dillen DGF Cook Room I



Shawn Lovrich DGF Prep Room I



Brady Manners DGF Packaging I



Mark Page DGF Packaging I



James Parshall DGF Packaging I



Angela Hollopeter MFS - 2nd Shift Hoagie Line



Marianna Foods Employee Spotlight!



DelGrosso Foods Employee Spotlight!



STEVE CATICH

Title: Packaging II How Long at DGF?: 2 Years Favorite DGF Sauce: Meat Flavored Sauce Favorite Meal You Make with the Sauce: Ham Bar-B-Que w/ some secret extras What Do You Like Best About Working at DGF?: The work environment. I work with a lot of good people, and for good people.

AWESOME SAUCE EMPLOYEE





CINDY GILLMEN

Title: Staff Accountant III How Long at DGF?: 24 Years Favorite DGF Sauce: Sloppy Joe Sauce Favorite Meal You Make with the Sauce: Sloppy Fries w/ Cheese (like the Park sells) What Do You Like Best About Working at DGF?: Co-workers and the Family Atmosphere!



Your Health

Men and women have a lot of obvious differences, but there are many that are less obvious, including differing health risks. Being aware of those differences can help you make decisions about your healthcare.

Women's health risks

Changing estrogen levels contribute to several kinds of increased health risks for women. One example is the risk of stroke. Shifting estrogen levels impact the clotting substances in blood. The more the estrogen levels change-such as at menopause-the higher the risk of clotting and the greater the chance of stroke.

Estrogen also helps to protect bone cells. The plunge in estrogen during menopause means women lose much of this protection, which is why almost 50% of women older than 50 will suffer a broken bone due to osteoporosis.

Due to a variety of factors, women also have higher risks of Alzheimer's disease, migraines, multiple sclerosis, and urinary tract problems.

Men's health risks

Some of men's increased health risks are due to riskier behaviors that result in injuries and disease. Men, for instance, tend to eat more meat and fewer vegetables and fruits than women, but anatomy and hormones also have an impact. Men are significantly more likely to develop heart disease, for example. One reason is men tend to gain weight around their middle, which leads to a higher risk of heart problems. Men also don't have the heart benefits of estrogen, which helps to fend off heart disease.

Fifty percent more men than women develop Parkinson's disease. Studies have suggested links to men's lower estrogen levels, as well as to the male X chromosome. Men also tend to be at higher risk of autism, kidney stones, and pancreatitis.

Take action to address risks

Being aware of your specific health risks isn't enough. It's important to take action-visiting your primary care physician, annual physicals and other preventive care—to overcome your health risks.



- https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6345642
- https://www.rush.edu/news/how-gender-affects-health
 https://www.statnews.com/2019/07/16/new-clues-women-alzheimers-risk-differs-from-men/

thought for the week:

Whenever somebody starts a sentence with, "No offense, but..." someone is about to get offended.

quote for the month:

"People may *HEAR* your words, but they feel your attitude." - John C. Maxwell

DelGrosso Foods

Matt Black
Matthew Daye
Richard Dillen Jr.
Brian Igou
Conred Learn
Brady Manners
Sasha Peterman
Chad Smith

Marianna Foods

Ruth Brower
Diane Harris
Homer Kann
John Laird
Arlana McCracken
Sun McKethan
Jessica Mertiff
Alan Price
Wyatt Snyder
Frances White
Kristine Wolfe



DelGrosso's Park

Scott Crider Jimmy Gill Bob Sitman Dan Tetters Amie Uliano-Parisi

DG2Go Pizza

Gage Dean

February Is: American Heart Month!

Special Dates!

2nd

Ground Hog Day

9th

National Pizza Day

12th

Super Bowl Sunday

14th

Valentine's Day

17th

Random Act of Kindess Day

(Always great to celebrate any day)

20th

Love Your Pet Day

26th

Carpe Diem (seize the day) Day

A little poem for Carpe Diem Day - By Bill Keane: Yesterday is history, tomorrow is a mystery, and today is a gift...that's why they call it the present.