

Oct. 2021



HELLO OCTOBER

DelGrosso Family of Companies Newsletter



**DON'T FORGET
TO VOTE DAILY!**

**Round 3 of Voting Ends
on October 4th, 2021**

Narrowing Down the Top 5!

The DelGrosso Family of Companies has 3 items that made it to the Top 5 of the Altoona Mirror's Hometown Favorites.

Favorite Sandwich:

**Marianna's Fundraisers
Italian Hoagie**

Hometown Favorite Product:

**DelGrosso Pasta Sauce &
Murf's Famous Potato Salad**

Vote Daily At: <https://altoonamirror.secondstreetapp.com/2021-Hometown-Favorites-3/>

Our Corporate Family

DELGROSSO FOODS

Chairman of the Board/Treasurer:
James DelGrosso

President/CEO:
Joe DelGrosso

Secretary:
Bo DelGrosso

CFO/Assistant Secretary:
Sean Albright

COO:
Matt DelGrosso

Chief Sales & Marketing Officer:
Michael DelGrosso

DELGROSSO'S PARK

President/CEO:
Carl Crider, Jr.

COO:
Scott Crider

Treasurer:
James DelGrosso

Secretary:
Joe DelGrosso

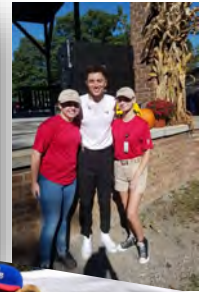
CFO/Assistant Secretary:
Sean Albright

MARIANNA FOODS

President/CFO/Assistant Secretary:
Sean Albright

Treasurer:
James DelGrosso

Secretary:
Joe DelGrosso



ITALIANFEST



HIGHLIGHTS FROM OUR END OF SEASON FESTIVALS!



HARVESTFEST





HOMEMADE
From Our Kitchen to Your Table!

DelGrosso Dinners To Go!

PRE-ORDER ONLY

Tuesday Meals: Pre-Order is Due By 10 am on Thursday BEFORE the Meal

Thursday Meals: Pre-Order is Due By 10 am on Monday BEFORE the Meal

Orders of 20 or more for LUNCH ONLY can request Delivery Service to your location (Tyrone, Tipton, and Bellwood Only). These orders must be completed via the Park Office. Meals will be delivered between 11 am - 12 pm. A specific delivery time cannot be promised.

Pre-Order with Credit Card Online at www.DG2GoFood.com or by Calling the Park Office at (814) 684-3538 ext. 0. Visa, Mastercard, & Discover accepted. Office Hours: Mon-Fri, 8:30 am - 4:30 pm. Please remember to double-check your date and time of order.

Lunch Pick Up: 11:30 am - 1:00 pm • Dinner Pick Up: 4:30 pm - 6:00 pm

Pick Up Location: Main Parking Lot, Water Side

OCTOBER 2021 MENU

Tues 5th	Homemade Three Cheese Ravioli w/ La Famiglia DelGrosso Italian Style Meatballs Featuring DelGrosso Meat Flavored Sauce w/ Salad (Roll & Butter).....	\$11.00
Thurs 7th	Turkey Breast w/ Homemade Stuffing, Mashed Potatoes, Gravy, and Corn (Roll & Butter).....	\$11.00
Tues 12th	Homemade Lasagna w/ La Famiglia DelGrosso Italian Style Meatballs Featuring DelGrosso Meat Flavored Sauce w/ Salad (Roll & Butter).....	\$11.00
Thurs 14th	Baked Ham w/ Pineapple Glaze served w/ Scalloped Potatoes and Baked Beans (Roll & Butter).....	\$10.00
Tues 19th	Grilled Chicken w/ Penne in a Sweet Roasted Red Pepper Cream Sauce Featuring La Famiglia DelGrosso Aunt Mary Ann's Sunday Marinara Sauce (Roll & Butter).....	\$11.00
Thurs 21st	Homemade Meatloaf w/ Stuffing, Mashed Potatoes, Gravy, and Glazed Carrots (Roll & Butter).....	\$11.00
Tues 26th	Homemade Spaghetti w/ Giant-Sized Meatball Featuring DelGrosso Meat Flavored Sauce w/ Salad (Roll & Butter).....	\$11.00
Thurs 28th	Boneless Stuffed Chicken Breast w/ Mashed Potatoes and Gravy served w/ Sautéed Zucchini, Peppers, and Onions (Roll & Butter).....	\$11.00

No Walkups Allowed. Menu Listing is Subject to Change.

Visit www.DG2GoFood.com to View the Nov./Dec. Menu and to Place All of Your Fall Orders Online!



A Family Tradition Since 1914

After a difficult year from the pandemic, and losing too many people from other health issues, it became a priority for me to film a documentary on my family's history. I realized the importance of archiving stories from my family, especially my Dad, and Aunts & Uncles of the second generation who have been on this journey with my grandparents, Fred and Murf since the beginning. A journey that certainly had its struggles, but also a lot of heart and grit. So, that's what Director Tom Wilton, his assistant Natalie Rodriguez, and I set out to do when we came to PA to film in late August. However, as we began, we quickly discovered this documentary was not just about the history of the family business, but that we are actually right in the middle of the story. A moment in time just before the sauce plant will make its most significant expansion yet. ***The story became not only about how the business started, but how we got to the place we are today, and those who helped us get here. It was obvious that it wasn't only my family, but an extended family of employees and community who also made this happen... and continue to help make the business a success.***

That being said, thank you to all of you who tolerated our cameras and questions. I am excited to share with you and future generations when completed, this documentary of heart, hard work, and passion from all of you.

~ Jamie Ragusa

3rd Generation Family Member (Daughter of Jimmy & Barb DelGrosso)



DELGROSSO'S DG2GO Pizza

SHOP HOURS FRIDAY: 4PM-8PM
SATURDAY: 11AM-8PM
SUNDAY: 11AM-8PM
Call: 814-686-7055



\$11.99
+Tax*

PAPPY FRED'S
ORIGINAL PARK PIZZA
PEPPERONI
14" Round Pizza
(6 Slices) w/ Pepperoni
Featuring DelGrosso
Pepperoni Flavored Sauce



\$11.99
+Tax*

DELGROSSO'S
DEEP DISH PIZZA
PEPPERONI
9"x13" Square Pizza
(8 Cuts) w/ Pepperoni
Featuring DelGrosso
Specialty Pizza Sauce



\$11.99
+Tax*

PAPPY FRED'S
ORIGINAL PARK PIZZA
CHEESE
14" Round Pizza
(6 Slices) Featuring
DelGrosso Pepperoni
Flavored Sauce



\$11.99
+Tax*

DELGROSSO'S
DEEP DISH PIZZA
CHEESE
9"x13" Square Pizza
(8 Cuts) Featuring
DelGrosso Specialty
Pizza Sauce



\$11.99
+Tax*

PAPPY FRED'S
ORIGINAL PARK PIZZA
WHITE
14" Round Pizza
(6 Slices) Olive Oil,
Tomatoes, Onions, Mild
Pepper Rings, Green Peppers,
Red Peppers, Herbs, & Spices



\$11.99
+Tax*

DELGROSSO'S
DEEP DISH PIZZA
WHITE
9"x13" Square Pizza
(8 Cuts) Olive Oil,
Tomatoes, Onions, Mild
Pepper Rings, Green Peppers,
Red Peppers, Herbs, & Spices



\$13.99
+Tax*

FEATURING
**STEAK &
CHEESE**
WITH FRIED
**PEPPERS
& ONIONS**
(14" ROUND 6 SLICES)



\$12.99
+Tax*

FEATURING
JOEY D'S
HOMEMADE
**BUFFALO
CHICKEN**
SWEET & SASSY
SAUCE
(14" ROUND 6 SLICES)

* Subject to change



JOIN DG2GO TEXTS FOR SPECIAL OFFERS & MORE!
TO SIGN UP, TEXT DG2GO TO (877) 734-2442
Still Hungry? Visit: www.DG2GoFood.com

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powered by

navigate°



Insurance | Risk Management | Consulting

MENTAL HEALTH

Beyond Positive Thinking: How to Manage Your Mindset

Positive thinking has been endorsed by personal growth gurus for decades, but how exactly does your mindset play a role in your physical wellbeing?

According to Martin Seligman, the director of the Positive Psychology Center at the University of Pennsylvania and the father of the positive psychology movement, positive psychology is "the scientific study of the strengths that enable individuals and communities to thrive." In other words, positive thinking involves a focus on what is good, or what is going well.

From a wellbeing standpoint, there are many benefits that come with positivity. Researchers¹ have found that positive thinking is protective against cardiovascular disease. For example, the more optimistic you are, the less likely you are to have a heart attack. It has also been linked² to reduced rates of depression and improved immune function.

To manage your mindset, remember these two simple tips: Observe and choose again.

Observe

Pay attention to how you respond to the things that happen around you. In his book *A Complaint Free World: How to Stop Complaining and Start Enjoying the Life You Always Wanted*, author Will Bowen suggests using visual cues to acknowledge your thoughts. For example, move a bracelet from one wrist to the other whenever you notice yourself complaining. You can also create a journaling practice or use a habit tracker to identify patterns in your thinking.

Choose again

Whenever you do happen to catch yourself in a negative thinking pattern, think of it as an opportunity to choose differently. Thoughts and words are powerful. In the moment, reframe your thoughts, or rephrase your words, to make the correction.

Managing a healthy mindset³ is not only about positive thinking. It goes much deeper than that. Since your thoughts ultimately drive your actions, do your best to focus on the positive results you want. That is where your energy will go.



1. <https://www.scientificamerican.com/article/can-positive-thinking-be-negative/>

2. <https://pubmed.ncbi.nlm.nih.gov/22506752/>

3. <https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/positive-thinking/art-20043950>

Helping Fellow Employees in Need

Created in 2017, The DelGrosso Employee Emergency Fund (DGEEF) is an IRS 501(c)(3) charity and a recognized charity of the Commonwealth of Pennsylvania. The fund is sponsored by DelGrosso Foods, Inc., and was created to provide our team members the opportunity to support each other in times of crisis. Funds are made possible by donations from employees who wish to contribute. Active DelGrosso Foods, DelGrosso's Amusement Park, or Marianna Foods employees can apply for financial assistance provided through grants which do not need to be repaid.

Visit www.delgrossos.com/DGEEF to download the application or to view more information about the fund.



The Best, the Brightest, and Inflation

The Fed may be ready to alter course.

Provided by John Battaglia, CPA, AIF

If you are feeling a bit confused about the direction of inflation, you're in good company. Some of the best and brightest economists in the country are having a tough time getting their arms around the current inflation trends.

The most recent Producer Price Index reading came in above economists' estimates at a record level of 8.3% compared with a year earlier. Producer prices can be an indicator of future price changes at the consumer level. 1

One way to gauge inflation is to watch the people responsible for managing inflation – the Federal Reserve's Board of Governors. In recent weeks, several governors have indicated they are comfortable with how the economy is recovering. So comfortable that they appear ready to slightly change course with monetary policy in the next few months. 2

Does that mean inflation will be lower in six to nine months? Time will tell, but keeping an eye on the Fed's actions may be one of the best ways to see what's next for prices.

Remember, inflation is just one factor to consider when making adjustments to a portfolio. But if you're getting uncomfortable, please reach out. We welcome the chance to speak with you if you see higher prices.

John Battaglia, CPA, AIF may be reached at 814-862-9675 or john@sb-wa.com. www.sb-wa.com

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Citations: 1. BLS.gov, September 10, 2021 2. FederalReserve.gov, August 18, 2021

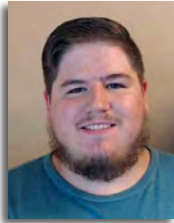
HR CORNER



Wendy Swanger
Hoagie Line



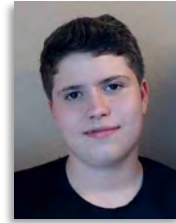
Cathy Miller
Hoagie Line



Michael Gority
Hoagie Line



James Myers
MFS Driver



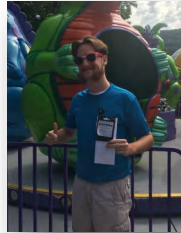
Tyler Smyder
DG2Go Team



Linda Gray
Part-time Alternate
Admin Asst/
Receptionist DGF

Welcome To The Team!

Congratulations To Our 3 August Power Card Drawing Winners!



From Left to Right: Kita Chappel – Awarded for Teamwork for staying after her shift to help out.
Nathan Barroner – Awarded for being a great example of Superior Service, Fun, and good Guest Relations/Interactions.
Ron Adams – Awarded for Teamwork for picking up extra shifts whenever needed.



Jeanie Woomer - Marianna Food - VISTO Award Recipient

Awarded Category: Organized

Jeanie followed her training and procedures to eliminate a potential error. Way to go, Jeanie.

Keep up the good work!

The DelGrosso Family is proud to announce the newest 5th Generation Family Member!

Say Hello to Joshua Raymond Crabtree, Jr. (known as J.J.) He arrived on September 14, 2021 weighing in at 8lbs. 6oz.

JJ is the son of Josh and Haley (Crider) Crabtree. He is the grandson of Park President Carl and his wife Nancee — and the great-grandson of Mary Ann (DelGrosso) Crider and her husband Carl Sr.

**Congratulations to Haley, Josh, and Big Sister Vivian
on their new bundle of joy!**



THOUGHT FOR THE WEEK:

"Every morning you have a new opportunity to become a happier version of yourself."

QUOTE FOR THE MONTH:

"Kindness enriches our life; with kindness mysterious things become clear, difficult things become easy, and dull things become cheerful."

Leo Tolstoy, Writer

OCTOBER IS: Breast Cancer Awareness Month & National Pizza Month



DelGrosso Foods

Raymond Flanagan III
Andrew Key
Jason Padula
Dawn Davidson
John Burns
Scott Delozier
Joseph DelGrosso II
Barb Whiteford

DelGrosso's Park

Bernie Moschgat
Todd Hill

Marianna Foods

Jay Campbell
Cathy Miller

DG2GO

Jeanette Daye
Bonnie Hollen
Julie Harden

SPECIAL DATES:

1st

World Smile Day

5th

World Teacher's Day

9th

Fire Prevention Day

14th

National Dessert Day

15th

Bosses Day

20th

International Chef's Day

23rd

Make A Difference Day

25th

World Pasta Day

31st

Halloween