



TEAM LEADER AND MANAGER TRAINING FOR OUR 2023 SUMMER SEASON!

Thank you to these dedicated team members who help lead each of our departments all season long!
The countdown to opening day is on!



WE HAVE STILL BEEN ATTENDING MANY SCHOOLS AROUND THE AREA TO TALK ABOUT THE SUMMER EMPLOYMENT OPPORTUNITIES THAT WE HAVE AVAILABLE!

Thank you to all of the great Park Team Members who attended these visits to talk to students and staff about employment opportunities at the Park this Summer!



DelGrosso's PARK LAGUNA Splash

2023 OPERATING SCHEDULE

MAY	SUN	MON	TUE	WED	THU	FRI	SAT
	30	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31	1	2	3
JUNE	SUN	MON	TUE	WED	THU	FRI	SAT
	28	29	30	31	1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	1
JULY	SUN	MON	TUE	WED	THU	FRI	SAT
	25	26	27	28	29	30	1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
AUGUST	SUN	MON	TUE	WED	THU	FRI	SAT
	30	31	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31	1	2
SEPTEMBER	SUN	MON	TUE	WED	THU	FRI	SAT
	27	28	29	30	31	1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

Ride Park Open Only
 Water Park & Ride Park Open
 Both Parks Closed

See Website "Hours & Schedule" for detailed monthly Ride Park & Water Park Operational Hours. Free Admission into the Ride Park. All Guests must have a Fun Pass Wristband to enter the Water Park and proper admission (Fun Pass Wristband or Individual Ride Tickets) for Park Rides. Operation of the attractions (both Ride and Water Side) are subject to change due to crowd/weather conditions, staffing changes, or unexpected maintenance issues. Schedule/Info subject to change - see website "Closures" and "Hours & Schedule" for details.

2023 EVENTS SCHEDULE:

MAY:

20/21 Opening Weekend of DelGrosso's Park! See Website "Events" for details.
27/28/29 Memorial Day Weekend & Water Park Opens for the Season!
29 Memorial Day Monday - Veterans & Service Members Get an All-Day Fun Pass FREE with Military ID today. Must get free wristband at Ticket Booth.

JUNE:

3 Ride Park and Water Park Open 6 Days A Week Now Thru August 20 (closed Tuesdays - except 7/4!)
4 Dance Day at DelGrosso's Park! See Website "Events" for details.
11 Emergency Services Appreciation Day - 11am-4pm; Firefighters/Police/EMT/EMS Personnel Get an All-Day Fun Pass FREE with Valid ID or Proof of Affiliation. See Website "Events" for more details.
14 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Buy One All-Day Fun Pass at reg. price & Get One FREE for the day! Limit one offer per card.
17 WPSU Kids' Day with Jim Henson's Splash and Bubbles - 11am-3pm; Special Activities, Character Photo Ops, & More! See Website "Events" for Details!
18 Father's & Mother's Day Celebration - All Dads & Moms Get an All-Day Fun Pass for Just \$15! Available at Ticket Booth only.
25 Altoona-Johnstown Catholic Diocese World Meeting of Families Celebration
25 Girl Scouts of Western Pennsylvania Day. See Website "Events" for details.

JULY:

4 Summer Thunder® 2023 - FREE Fireworks Display!
12 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Buy One All-Day Fun Pass at reg. price & Get One FREE for the day! Limit one offer per card.
20 Altoona Mirror Day & Food Drive - 11am-4pm; Bring at least 2 Non-Perishable Food Items per person & Get an All-Day Fun Pass for Just \$18!
30 American Cancer Society's Ride & Slide to Fight Cancer/Making Strides/Relay for Life Day. See Website "Events" for details.

AUGUST:

3 Operation Our Town Day - See Website "Events" for Special All-Day Fun Pass Coupon & Event Details!
6 Juniata Valley Scout Family Fun Day. See Website "Events" for details.
9 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Buy One All-Day Fun Pass at reg. price & Get One FREE for the day! Limit one offer per card.
10 Buddy Bear's Dog Days of Summer Fundraiser for Area Animal Shelters - 11am-4pm; Bring at least 2 Needed Shelter Items per person & Get an All-Day Fun Pass for Just \$18! See Website "Events" for list of items.

SEPTEMBER:

3 FrontLine Ministries Last Blast of Summer - FREE Contemporary Christian Concerts w/ Cochren & Co. @ 3pm & Jon Reddick @ 6pm!
4 Labor Day & Customer Appreciation Day - All Guests Get an All-Day Fun Pass for Just \$15!
9/10 \$30 Carload Sale Weekend - See Website "Events" for Details!
10 Grandparent's Day - All Grandparents Get an All-Day Fun Pass for Just \$10!
16/17 BOGO Weekend - Buy One All-Day Fun Pass at reg. price and Get One FREE for the day.
17 33rd Annual Italian Food & Heritage Festival - 11am-4pm; Free Entertainment with The Cavaliers Band & Strolling Accordionist Edwardo!
23/24 Harvestfest (\$7 Admission Includes Park Rides & Entertainment) Enjoy Delicious Food, Crafts, and Great Entertainment!

Promos not valid with online sales or any other offer. Info Subject to Change. See Website "Events" for Complete Details. Visit MyDelGrossoPark.com for Guest Policies, FAQs, & More!



Sheetz Fellows Program

Marianna's Fundraisers Regional Sales Manager Juls Bratton helping out tomorrow's leaders! Juls was one of eight presenters for the Sheetz Fellows Program at a recent Network Marketing Event. The students asked questions to the presenters about their professional careers at the Slep Student Center – PSU Altoona. Juls shared real life stories about being a Hoagie Hero and helping non-profits, schools, and church groups meet their fundraising goals.



PA Family Travel Fair

DelGrosso's Marketing Team Members attended the PA Family Travel Fair in Lancaster, PA, on April 15th. This well attended event is coordinated by When & Where Magazine. Fort Roberdeau, Baker Mansion - The Blair County Historical Society, and Explore Altoona also attended the event representing things to do in Blair County.



DG2Go Pizza Shop

A big Thank You to our DG2Go Pizza Shop Team on their final day!

We appreciate all the hard work and delicious food that you have served our hungry patrons since October!



The Young Entrepreneurs Academy (YEA) Visit

The Young Entrepreneurs Academy from the Blair County Chamber of Commerce stopped by DelGrosso's Park to learn more about what it takes to run a business.

The students also got to enjoy a lunch of Marianna's Fundraisers hoagies and Murf's Famous Potato Salad, then were taken on a Park Tour.



DelGrosso Foods was proud to be a sponsor of the 2023 Paterno Family Beaver Stadium Run to benefit Special Olympics of PA. This year's fundraising run/walk paid tribute to Franco Harris.



2023 DelGrosso's Trash Clean-Up Day!

The DelGrosso Family of Companies cleaned up their adopted 2-mile stretch of highway near our companies. Thank you to our employee volunteers who came out and picked up over 40 bags of trash!



DelGrosso's Park teams up each spring as a sponsor for the annual Blair County Chamber of Commerce BASICS Committee and Rotary Career Expo held at the Blair County Convention Center.

Each spring sophomores from all Blair County schools spend time meeting with career professionals in fields the students have interest in. Over 75 professions were represented for students to talk to this year.



Lifetime Achievement Award!

The DelGrosso Family of Companies (DelGrosso Foods, DelGrosso's Park, and Marianna's Fundraisers) was honored to be the sponsor of the 2023 Wise Woman of Blair County Lifetime Achievement Award. This year's honoree, Sister Paula DelGrosso, holds a special place in our hearts. Sister Paula has worked many years within the community, but she has dedicated 32 of those years to the St. Vincent de Paul Food Kitchen and Warehouse, where she served hundreds of meals to countless individuals.

Photos: Members of the DelGrosso Family were honored to attend the dinner and present the award. Left to Right: Bo DelGrosso, Sandi DelGrosso, Sister Paula DelGrosso, Peter Gardella, and Joe DelGrosso. DelGrosso Foods, Inc CEO Joe DelGrosso presenting the lifetime achievement award.

Marianna's Fundraisers held a coloring contest for our friends who visited us at the Easter EGG-Stravaganza held at the Logan Valley Mall in April - hosted by Seven Mountains Media.

Congratulations to 8-year-old Bowen from Hastings for being our Easter Coloring Contest Winner! Bowen is holding his prize pack of 6 Marianna's Fundraisers items!



Congrats, Sheri!

Sheri is a Junior at the Greater Altoona Career & Technology Center studying Graphic Design. DelGrosso's Park participated in an art project asking the GACTC design students to submit ideas for the 2023 Park Team Member T-Shirt. Her design was chosen out of the twelve submissions and will be on the shirts for the 2023 season.

Games & Merchandising Director Jim Mayall presented Sheri with a certificate of recognition for being the chosen design.



Review:

Ordered pizza for the first time ever, and of course the best original hoagies. The pizzas were so delicious... Probably one of my favorites is the white pizza. As shown.... My kids loved the pepperoni pizza too

A Word From Our Customers!



OUR CORPORATE FAMILY

DELGROSSO FOODS

Chairman of the Board/Treasurer:

James DelGrosso

President/CEO:

Joe DelGrosso

Secretary:

Bo DelGrosso

COO:

Matt DelGrosso

CFO/Assistant Secretary:

Aaron Gray

Chief Sales & Marketing Officer:

Michael DelGrosso

DELGROSSO'S PARK

President/CEO:

Carl Crider, Jr.

COO:

Scott Crider

Treasurer:

James DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary:

Aaron Gray

MARIANNA FOODS

President/CEO:

Bo DelGrosso

Treasurer:

James DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary:

Aaron Gray



**Congrats
on your
Retirement,
Bob Megahan!**

**Title: Packaging III
YOS: Over 12 years
Plans: To Travel**

Best Wishes, Bob!



MILESTONE BIRTHDAY CELEBRATION!

**Happy 50th Birthday to
Chef Dave Taddei!**

**We can't bee-lieve that
you are 50.**

Tips for Managing Stress

Life's daily demands can cause a surprising amount of stress. Juggling a lot of different responsibilities—parent, employee, spouse, caregiver for a loved one—can make it hard to keep your head above water.

Chronic exposure to stress can contribute to brain changes that may lead to troubles with both body and mind. For example, we know that stress can contribute to anxiety, depression, insomnia, pain, heart concerns, and other issues.

Tips for handling stress

Here are some tips for dealing with stress:

- **Change what you can.** If a specific situation is causing stress on an ongoing basis, do what you can to change it. That may mean scaling back on your commitments, asking for help from others, or getting out of a stressful job or relationship.
- **Prioritize.** Sometimes we can feel like we're failing if we don't cross everything off our lists. There are times when some things just aren't going to get done. Focus on what's truly important to you, and let other things slide.
- **Give yourself time away.** Take yourself out of the environment that is causing you stress, even if it's just for a short time. Take a walk, go to the gym, stop in a coffee shop—anything that takes you out of the situation.
- **Try deep breathing.** Deep abdominal breathing helps to bring down stress hormones.
- **Use mindfulness techniques such as guided imagery or meditation.** This helps to calm your body and your mind.

Therapy can help

If you've tried managing stress on your own and it just isn't working, therapy may help. A therapist can help you identify the stressors in your life and create a plan for reducing and managing your stress. Reach out to your insurance provider for help locating in-network therapists or counselors.



1. <https://www.healthline.com/health/stress/effects-on-body>
2. <https://www.nami.org/Your-Journey/Individuals-with-Mental-Illness/Taking-Care-of-Your-Body/Managing-Stress>



Cory Grove
DGF
Packaging I



Gerald McClellan
DGF
Prep Room I



Saiad Altahir
DGF
Cook Room I



Sandra Perino
DGF
Cook Room I

Since 1981 Marianna's FUNDRAISERS



Betty Wheland
MFS
Hoagie Line



Aiden Meredith
MFS - 2nd Shift
Hoagie Line



Kayden Reed
MFS - 2nd Shift
Hoagie Line



Jamie Newell – Jamie is always willing to help a brother/sister out and has exceeded her coworkers' expectations in various roles!
Great Job!

Marianna Foods Employee Spotlight!

★ HOAGIE HERO ★



SOMMER POTTER

- ★ How Long at Marianna's: 5 Years
- ★ Favorite Hoagie: Smoked Ham & Cheddar
- ★ Favorite Pizza: White
- ★ Love Most About the Job: The people, and it's a fun place to work!

DelGrosso Foods Employee Spotlight!

AWESOME SAUCE EMPLOYEE



ATHERTON POORMAN

Title: Lab Tech

How Long at DGF?: 10 Months

Favorite DGF Sauce: Sloppy Joe

Favorite Meal You Make with the Sauce: Sloppy Joe Mac & Cheese

What Do You Like Best About Working at DGF?: My coworkers!

AWESOME SAUCE EMPLOYEE



ANDY GALL

Title: Warehouse Supervisor

How Long at DGF?: 8 Years

Favorite DGF Sauce: New York Style Pizza Sauce

Favorite Meal You Make with the Sauce: Pizza Chaffles

What Do You Like Best About Working at DGF?: Feeding people all over the world, from Tipton, PA!

Happy Birthday!



DelGrosso Foods

James Bell

Kirk Bratton

Jimmy DelGrosso

Sandi DelGrosso

Linda Gray

Timothy Harris

Janice Hartman

Rebecca Hartman

Codi McFarland

Michael Megahan

Robert Miller

Jeff Patton

Tim Plunket

Jennifer Shannon

Brenda Wilt

Matt Yingling

Marianna Foods

Donna Hampton

Leanna Rhoads

Joyce Walls

DelGrosso's Park

Pat Bottenfield

Mike Moschgat

Jamal Owens

Madison Shetrom

May Is:

National BBQ
Month &
National Salad
Month!

quote for the month:

"If you're happy, you're
wealthy. If rich humans could
buy happiness they would."
- Naomi Osaka

thoughts for the week:

Don't take
criticism from
people you would
never go to for
advice.

I now know why it's
called May! It may
rain, it may snow, it
may be in the 70's, it
may be in the 20's.

Special Dates!

5th

National Hoagie Day

6th

National Fitness Day

7th

National Tourism Day

14th

Mother's Day

15th

National Chocolate Chip Day

19th

World Plant a Veggie Garden Day

20th

Armed Forces Day

28th

National Hamburger Day

29th

Memorial Day