















DELGROSSO FOODS, INC & FRANCO HARRIS IMMACULATE MARINARA SAUCE

We are excited to announce a limited time release of "Franco's Immaculate Marinara" to honor NFL football legend Franco Harris - on the 50th anniversary of the "Immaculate Reception," voted the #1 play in NFL history!





Franco's Immaculate Marinara is a special-edition label with a charitable focus of "50 cents per jar" to charity. Available for a limited time at the following retailers:

Hometown Market (all locations), Martin's (Altoona locations), & Giant (2121 S. Atherton St. State College).

Franco Harris
visited Bellwood
Hometown Market on
Friday, October 28th,
signing jars of
the Immaculate
Marinara Sauce.



DelGrosso Dinners To Go!

Tuesday Meals: Pre-Order is Due By 10 am on Thursday BEFORE the Meal Thursday Meals: Pre-Order is Due By 10 am on Monday BEFORE the Meal

Orders of 20 or more for LUNCH ONLY can request Delivery Service to your location (Tyrone, Tipton, and Bellwood Only). These orders must be completed via the Park Office. Meals will be delivered between 11 am - 12 pm. A specific delivery time cannot be promised.

Pre-Order with Credit Card Online at www.DG2GoFood.com or by Calling the Park Office at (814) 684-3538 ext. 0. Visa, Mastercard, & Discover accepted. Office Hours: Mon-Fri, 8:30 am - 4:30 pm. Please remember to double-check your date and time of order.

Lunch Pick Up: 11:30 am - 1:00 pm • Dinner Pick Up: 4:30 pm - 6:00 pm
Pick Up Location: Main Parking Lot, Water Side

NOVEMBER 2022 MENU

| NOVEMBER 2022 MENO | |
|---|---|
| Tues 1st | Homemade Three Cheese Ravioli w/ 2 DelGrosso Meatballs Featuring DelGrosso Meat Flavored Sauce w/ Salad (Roll & Butter) |
| Thurs 3rd | Boneless Stuffed Chicken Breast w/ Mashed Potatoes, Gravy, and Corn (Roll & Butter) |
| Tues 8th | Grilled Chicken w/ Penne in a Sweet Roasted Red Pepper Cream Sauce (Roll & Butter)\$12.00 |
| Thurs 10th | Baked Ham w/ Pineapple Glaze w/ Scalloped Potatoes and Glazed Carrots (Roll & Butter)\$12.00 |
| Tues 15th | Grilled Chicken w/ Penne in our Homemade Creamy Alfredo Sauce (Roll & Butter)\$12.00 |
| Thurs 17th | Homemade Meatloaf w/ Stuffing, Mashed Potatoes, Gravy, and Baked Corn (Roll & Butter)\$12.00 |
| Thanksgiving Special: Wednesday, Nov. 23rd (See Special Menu for Details) | |
| Tues 29th | Chicken Parmesan w/ Side of Penne Featuring DelGrosso Three Cheese Sauce (Roll & Butter)\$12.00 |
| DECEMBER 2022 MENU | |
| Thurs 1st | Boneless Chicken Breast Stuffed w/ Spinach and Asiago Cheese w/ Side of Seashells in a Creamy Tomato Basil Sauce (Roll & Butter)\$12.00 |
| Tues 6th | Homemade Lasagna w/ 2 DelGrosso Meatballs Featuring DelGrosso Meat Flavored Sauce w/ Salad (Roll & Butter)\$12.00 |
| Thurs 8th | Turkey Breast w/ Homemade Stuffing, Mashed Potatoes, Gravy, and Glazed Carrots (Roll & Butter) |
| Christmas Special: Friday, Dec. 23rd (See Special Menu for Details) | |

No Walkups Allowed. Menu Listing is Subject to Change.



THANKSGIVING SPECIAL

Let Our Culinary Team Make This Thanksgiving Easy, Delicious, & Memorable!



Pre-Order Deadline: Fri., Nov. 18, 2022 at 10 am or thru sellout (whichever comes first)



DG2GO THANKSGIVING Meal Kit

Includes: Turkey, Ham, Mashed Potatoes, Glazed Carrots, Homemade Stuffing*, Gravy, Rolls & Butter, and Fresh Baked Pumpkin Pie.

Items are pre-cooked (except stuffing) and served cold - Just re-heat & enjoy.

(Serves 8-10 people)......\$125.00 per meal kit

MURF'S FAMOUS Potato Salad

(Sold in 2 lb. containers only)....\$10.50 per container

HOMEMADE Italian Sausage - Link Style (Sold in 2 lb. servings - approx. 6 links)......\$10.00 per order

HOMEMADE Stuffing* (Approx. 8-10 servings)......\$9.00 per pan

*All stuffing is fresh-made and not cooked. Follow Instructions (provided at pick up) to ensure all items are cooked/heated to the correct internal temperature.



From Our Kitchen to Kour Table!

Pick Up On Wed., Nov. 23, 2022 From 11am - 1pm Pick Up Location: Main Parking Lot - Water Side

No day of sale orders or walk ups. Menu listing/details subject to change. Items available thru sellout. Not for commercial establishments; for home-use only.









OUR CORPORATE FAMILY

DELGROSSO FOODS

Chairman of the Board/Treasurer: James DelGrosso

> President/CEO: Ioe DelGrosso

> > Secretary:

Bo DelGrosso

COO.

Matt DelGrosso

CFO/Assistant Secretary: Aaron Gray

Chief Sales & Marketing Officer: Michael DelGrosso

DELGROSSO'S PARK

President/CEO: Carl Crider, Jr.

COO:

Scott Crider

Treasurer:

lames DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary: Aaron Gray

MARIANNA FOODS

President/CEO:

Bo DelGrosso

Treasurer:

James DelGrosso

Secretary:

Joe DelGrosso

CFO/Assistant Secretary: Aaron Gray

DelGrosso Foods Employee Spotlight!

AWESOME SAUCE EMPLOYEE



JENNIFER SHANNON

Title: HR Administrative Assistant

How Long at DGF?: 5 Months

Favorite DGF Sauce: Meat Flavored Sauce

Favorite Meal You Make with the Sauce: Rigatoni with Meat Sauce

What Do You Like Best About Working at DGF?: Definitely the people! From the family to all the staff that provides such a welcoming and friendly environment.

AWESOME SAUCE EMPLOYEE





BRANDON LOWMAN

Title: Float II

How Long at DGF?:3 Years

Favorite DGF Sauce: New York Style Pizza Sauce

Favorite Meal You Make with the Sauce:

What Do You Like Best About Working at DGF?: My Co-workers!

Marianna Foods Employee Spotlight!





20TH ANNUAL CHEFS ON STAGE!

Director of Marketing Amy Mearkle served as the mistress of ceremonies for State College Magazine's Chefs on Stage 20th Annual Fundraiser.

Every 2 years, the magazine partners with a new charity... and this year Centre Safe was the recipient. Centre Safe is the Domestic/Sexual Violence Agency that offers a number of programs for the community.

Amy co-hosted the event with Jeff Brown, morning DJ on the Bus radio station.

ADOPT A HIGHWAY CLEAN UP DAY OCTOBER 19, 2022

The DelGrosso Family of Companies recently adopted a 2-mile stretch of highway near our companies.

Thank you to our employee volunteers who came out and picked up around 50 bags!



GNO ALTOONA

The DelGrosso Family of Companies is proud to be a sponsor of Girls Night Out Altoona Inc. for their 14th annual event!

Thank you to all the amazing DelGrosso Employees who volunteered their time to work the event! Joey DelGrosso, Aaron Gray, Aaron Delay, Mike Damin, Jim Moschella, Elliott Geist, Mike Funyak (not pictured), & Diane Harris.





IT'S AN EXCITING YEAR FOR OUR AWESOME SAUCE TEAM AT DELGROSSO FOODS, INC.

The 75th Anniversary year for DelGrosso Foods (2022) also marks the largest planned expansion of the company to date.

Our team is hard at work on a second production plant. We are still looking for some great employees who want to help make the Finest Sauce Made!

FOREVER MEDIA'S SAFE TRICK OR TREAT NEIGHBORHOOD!

Buddy Bear and the Marketing Team had fun handing out candy and promotional materials... and seeing everyone in their costumes at the Convention Center on October 31st.









THE LAST FRIDAY OF SEPTEMBER WAS SPORT PURPLE FOR PLATELETS DAY!

The DelGrosso Foods Staff wore their purple in support!



IN THE SPIRIT OF HALLOWEEN FUN!

The DelGrosso Foods Lab Staff wearing their Halloween T-Shirts!







CONGRATULATIONS TO DELGROSSO'S PARK & LAGUNA SPLASH EMPLOYEE LUCIA ISENBERG!



Lucia was selected as one of seven recipients of a \$1,000 Pennsylvania Amusement Parks and Attractions (PAPA) Barbara Knoebel Memorial Scholarship!

2022 was her first season at DelGrosso's Park as a Laguna Splash Special Facilities Lifeguard. Lucia is from Tyrone and is currently pursuing a degree in Elementary/Special Education at Grove City College.

CONGRATULATIONS TO DELGROSSO'S PARK & LAGUNA SPLASH EMPLOYEE MAKENNA MURPHY ON HER WELL-DESERVED AWARD!



Laguna Splash Lifeguard
Makenna Murphy was presented
with a Community Impact Award
from the Because We Care
Foundation in Blair County on
Saturday, October 29th.

She was awarded this honor for utilizing her lifesaving skills while assisting a person in need.







Lifestyle Habits That Can Reduce Your Health Risks

We hear a lot of the same recommendations when it comes to maintaining good health. So much so, that you may even tune them out sometimes. As boring as many of them may be, these seemingly insignificant habits can really pay off in the long-run when it comes to your wellbeing.

Here are some healthy lifestyle habits to focus on to reduce your health risks:

Quit tobacco

According to the American Cancer Society, a year after you quit smoking, your risk of heart disease is cut in half. Five years after that, the same goes for your risk⁶ of cancer.

Get sufficient restful sleep

Aim to get at least seven hours of sleep each day. Insufficient sleep has been linked7 to abnormal levels of leptin and ghrelin, the key hormones that directly impact appetite and weight regulation.

Move your body

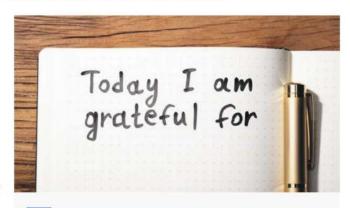
Accumulate at least 150 to 300 minutes of moderate to vigorous physical activity each week. Staying physically active can reduce8 your risks for cardiovascular disease, depression, and diabetes.

Be grateful

Expressing gratitude is <u>linked</u> to lower rates of depression and healthier relationships. Starting a gratitude journal is the easiest way to make gratitude part of your daily life.

Stay connected

Invest in nurturing a supportive network that you can lean on when life feels overwhelming. People who have to strong support systems have lower blood pressure and fewer symptoms of depression.



When it comes to creating the conditions for good health, you hold more power than you realize. Focus on building healthy habits to protect your wellbeing and reduce your overall health risks.

- 6. https://www.cancer.org/healthy/stay-away-from-tobacco/benefits-of-quitting-smoking-over-time.html
- 7. http://nealthysleep.med.harvard.edu/healthy/meatters/consequences/sleep-and-disease-risk 8. https://www.nhlbi.nih.gov/health-topics/physical-activity-and-your-heart
- 9. https://www.health.harvard.edu/healthbeat/giving-thanks-can-make-you-happier
- 10.https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/social-support/art-20044445







Susan Estep MFS Hoagie Line



Diana Bartlebaugh MFS Hoagie Line



Julie Harden MFS - 2nd Shift Hoagie Line



Lexy Johns MFS - 2nd Shift Hoagie Line



Victoria Vincent MFS - 2nd Shift Hoagie Line



Zach Pier MFS - 2nd Shift Hoagie Line





Macenzie Woodring DG2Go Team Member



Tanner Yoder DG2Go Team Member



Gabe Fasciano DG2Go Team Member



Leslie Martin DG2Go Team Member



Shawn Shultz DG2Go Team Member





Tyler Wilson DGF Maintenance Tech II



Rick Eckley DGF Packaging I



Billie Jo Fisher DGF Packaging I



Bob Rudasil DGF Night Security Officer





HAPPY





Starting now and going forward, holiday gifts will be given via payroll. You were paid a \$40.00 holiday bonus on your payroll deposited on 10/28/22. This payroll bonus replaces the grocery gift card you previously received as a holiday gift. **Thank you for your hard work and dedication.**

- From The DelGrosso Family



STUBBORN DOESN'T SEEM LIKE A STRONG ENOUGH WORD, BUT THAT'S HOW FED OFFICIALS ARE DESCRIBING INFLATION.

Inflation's "stubbornness" has been on full display in recent weeks: First, the Producer Price Index (PPI) showed that costs remain high for producers of goods and services. Then in September's more widely followed Consumer Price Index (CPI) high prices continued to persevere.

To address inflation, the Fed's primary tool is short-term interest rates. As it pushes rates higher, the Fed aims to slow the economy by raising borrowing costs. As economic activity cools, the Fed expects to see the CPI and PPI trend lower.

Professional traders anticipate what will happen with interest rates over the next year. They expect the Fed will have to raise short-term rates to nearly 5% in 2023 to lower inflation.

We know this year has had its ups and downs. Just when it appears to have turned a corner, something else happens, and the financial markets are under pressure again.

You may have heard the old saying: "Don't worry about the horse, just load the wagon." Now is an excellent time to stay focused on what you can control, like your "wagon," and we'll keep an eye on the "horses" in the meantime.



John Battaglia john@bawealth.net

814-880-0173 Battaglia Associates Wealth Advisors https://www.bawealth.net/



401(K) MEETINGS

John Battaglia from Battaglia Associates Wealth Advisors will be available to meet in person with employees on Friday, November 18th and Tuesday, November 22nd.

John has also offered to schedule Zoom meetings for employees who would prefer to have a virtual meeting and/or include your spouse.

If you would like to schedule an appointment with John to review your 401(k), please contact Jennifer in HR at extension 532 or email hr@delgrossos.com by end of day Wednesday, November 16th.

thought for the week:

"One kind word can change someone's entire day."

quote for the month:

"For death is no more than a turning us over from time to eternity." - William Penn

November Is: National Adoption Awareness Month, Child Safety Protection Month, & Peanut Butter Zovers Month!

HAPPY BIRTHDAY

DelGrosso Foods

Richard Butterbaugh Jr.
Charles Bailor
Matt Rimmey
Bruce Clark
Cindy Gillmen
Mike Damin
Allan Beckwith

DelGrosso's Park

Courtney Boyer Tim Shaffer Carl Crider Jr. Mary Ann Crider

Marianna Foods

Loretta Clapper
Tyanne Weyant
Kelly Maruna
Olivia Caporuscio
Andrew Brekke
Beverly Woomer
Diane Bennett
Melissa Thompson
Mark McCracken

DG2Go

Macenzie Woodring

Special Dates!

11th

Veteran's Day



13th

World Kindness Day

15th

Clean Your Refrigerator Day



17th

World Peace Day

21st

World Hello Day

24th

Thanksgiving



26th

Small Business Saturday

28th

Cyber Monday

