

May 2022

THE DELGROSSO FAMILY OF COMPANIES MONTHLY NEWSLETTER



THE HOME OF *Family* FUN AND *Famous* FOOD



DELGROSSO'S PARK HISTORIC 75TH ANNIVERSARY SEASON

OPENING WEEKEND:
MAY 21 & 22, 2022

Enjoy 75 Minutes of FREE Rides Both Days from
12pm-1:15pm; Then, Buy One All-Day Fun Pass
and Get One for Only \$10 from 1:15pm-Close!



CHECK OUT
OUR NEW
HIGHWAY
SIGN!



The DelGrosso Dish

Chambers of the Alleghenies Regional Leadership Meeting 2022

DelGrosso Foods Chief Sales and Marketing Officer Michael DelGrosso was a keynote speaker for the Regional Leadership meeting for the Chambers of the Alleghenies. (The Blair County Chamber of Commerce, Bedford County Chamber of Commerce, Somerset County Chamber of Commerce, Cambria Regional Chamber, and Huntingdon County Chamber of Commerce.)

Adult leadership classes from each county spent the day at the Sheetz corporate headquarters to share ideas and hear from various business leaders.

American Coaster Enthusiasts (ACE) Spring Convention

DelGrosso's Park Assistant Director of Operations Mike Funyak represented DelGrosso's Park at the event held in Pittsburgh on Sat, April 16, 2022.

Mike shared highlights for the Park's 75th Anniversary Season with the group... And even shared a photo of the throwback sauce jar label for DelGrosso Foods that will be hitting store shelves soon.

Thank you Mike for taking time out of your Easter Holiday weekend to share our news at the ACE Convention.



Blair County Rotary & Chamber Career Fair at the Blair County Convention Center

Over 1100 sophomores from Blair and Bedford County attended and there were 72 mini-presentations by local professionals.

Marketing Director Amy Mearkle was a keynote speaker for the opening session of each group (morning and afternoon) and explained the importance of having a seasonal job - as it can help enhance your future career. Amy was also a part of the smaller presentations for the tourism and hospitality industry.

Some current and former employees attended the mini sessions: Trinity Riva - Food Service, Kimberly Bennet (former food service), and Kole Dickson - Lifeguard.



Adopt A Highway Project

The DelGrosso Family of Companies recently adopted a 2-mile stretch of highway near our companies.

Thank you to our employee volunteers (and their family members) who came out on Sunday, April 24, 2022 to participate in the clean-up.

We were able to bag up nearly 80 bags of garbage.

We didn't get pictures of all of our volunteers, but we want to THANK all of them for their time and help.

Great Job, Team!



SUMMER 2022 Events Preview!



MAY

21/22 75th Anniversary Season Opening Weekend Special - 75 Minutes of FREE Rides Both Days from 12pm-1:15pm; Buy One All-Day Fun Pass and Get One for Only \$10 from 1:15pm-Close.

28/29/30 Memorial Day Weekend & Water Park Opens for the Season!

30 Memorial Day Monday - Veterans & Service Members Get an All-Day Fun Pass FREE with Military ID today. Must get free wristband at Ticket Booth.

JUNE

4 Ride Park & Water Park Open 6 Days A Week Now Thru August 21 (Closed Tuesdays)!

8 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Get BOGO Free All-Day Fun Pass! Limit 1 offer per card.

12 Emergency Services Appreciation Day - 11am-4pm; Firefighters/Police/EMT/EMS Personnel Get an All-Day Fun Pass FREE with Valid ID or Proof of Affiliation. Must get free wristband at Ticket Booth.

18 WPSU Kids' Day with Daniel Tiger from Daniels Tiger's Neighborhood - 11am-3pm; Special Activities, Photo Ops, & More!

19 Father's & Mother's Day Celebration - All Dads & Moms Get an All-Day Fun Pass for Just \$10!

25 Altoona-Johnstown Catholic Diocese World Meeting of Families Celebration

JULY

4 Summer Thunder® 2022 - FREE Fireworks Display!

13 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Get BOGO Free All-Day Fun Pass! Limit 1 offer per card.

21 Altoona Mirror Day & Food Drive - 11am-4pm; Bring at least 2 Non-Perishable Food Items per person & Get ½ Off an All-Day Fun Pass (Pay Only \$16)!

AUGUST

4 Operation Our Town Day - See Website "Events" for Special \$20 All-Day Fun Pass Coupon!

7 Juniata Valley Council Scout Family Fun Day!

10 Weis Wednesday - 11am-4pm; Present your Weis Preferred Shoppers Card at Ticket Booth to Get BOGO Free All-Day Fun Pass! Limit 1 offer per card.

11 Dog Days of Summer Fundraiser for Area Animal Shelters - 11am-4pm; Bring 2 Needed Shelter Items per person & Get ½ Off an All-Day Fun Pass (Pay Only \$16)!

SEPTEMBER

3/4/5 Last Weekend for Laguna Splash Water Park!

4 FrontLine YouthFest - FREE Christian Concerts. Katy Nichole @ 2pm & Micah Tyler @ 6pm!

5 Labor Day & Customer Appreciation Day - All Guests Get an All-Day Fun Pass for Just \$15!

10/11 BOGO Weekend - Buy One All-Day Fun Pass at regular price and Get One FREE for the day.

11 Grandparent's Day - All Grandparents Get an All-Day Fun Pass for Just \$10!

17/18 \$25 Carload Sale Weekend - See Website "Events" for Details!

18 32nd Annual Italian Food & Heritage Festival - 11am-4pm; Free Entertainment with The Cavaliers Band & The Strolling Faiella's!

24/25 Harvestfest - (\$6 Admission Includes Park Rides & Entertainment) Enjoy Delicious Food, Crafts, and Great Entertainment!

Promos not valid with online sales or any other offer. Info Subject to Change. See Website "Events" for Complete Details. Visit MyDelGrossoPark.com for Guest Policies, FAQs, & More!





OUR CORPORATE FAMILY

DELGROSSO FOODS

Chairman of the Board/Treasurer:
James DelGrosso

President/CEO:
Joe DelGrosso

Secretary:
Bo DelGrosso

COO:
Matt DelGrosso

Chief Sales & Marketing Officer:
Michael DelGrosso

DELGROSSO'S PARK

President/CEO:
Carl Crider, Jr.

COO:
Scott Crider

Treasurer:
James DelGrosso

Secretary:
Joe DelGrosso

MARIANNA FOODS

Treasurer:
James DelGrosso

Secretary:
Joe DelGrosso

IAAPA WEBINAR

April 28, 1-2 p.m./ ET

Games and Merchandise: Prepare Your Team for the 2022 Season

This crash course features segments on the newest merchandise trends and best practices to freshen up your midway games and concludes with engagement tips to keep your guests and team members' attention throughout the summer season.



Donny Dalton
Carnival Lake Park



Jim Mayall
Director of Games and Merchandise - DelGrosso's Amusement Park



Mona Ostrowski
Vice President of US Operations, 100 Leisure



Cookie Saffar
Games Department Manager, Cookie Amusement Park



Tony Sanders
Operations and Sales Manager, Marianna Adventure and Splash Amusement Park



IAAPA Educational Webinars

Jim Mayall, Director of Games & Merchandise and IAAPA's Games & Merchandise Committee Chairman, and other IAAPA Committee Members participated in the April 28, 2022 Games and Merchandise Webinar.

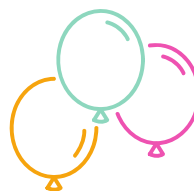
This webinar was created to give Games & Retail Operators best practices for hiring, purchasing, training, and engaging their team members throughout the summer season. This webinar is available for IAAPA Members and non-members throughout the world.



Support the BA School District Foundation!

Visit the DelGrosso's Park Office - Monday thru Friday, 8:30am-4:30pm to purchase your chances to win!

HAPPY BIRTHDAY



Happy Birthday to Linda DelGrosso!

Members of the DelGrosso Family of Companies celebrated Linda's Birthday on April 13, 2022!

Peanut Butter Oatmeal Cookies with Chocolate Chips

Ingredients

- 2 cups old-fashioned or regular rolled oats
- ½ cup cane sugar* (may sub coconut sugar)
- 1 teaspoon baking soda
- ¼ teaspoon sea salt
- 2 whole eggs
- ¼ cup unsalted butter, softened (may substitute coconut oil for dairy-free)
- 1 teaspoon pure vanilla extract
- 1 cup natural peanut butter, room temperature or heated slightly to achieve pourable consistency
- ¾ cup dark or semi-sweet chocolate chips

Instructions

1. Preheat oven to 350 degrees. Line two sheet pans with parchment paper.
2. Combine the ingredients in a medium bowl, except for the chocolate chips. You can also use a stand-up mixer. Mix until well combined.
3. Fold in the chocolate chips.
4. If the dough is real sticky, let it sit for 5 minutes or place in the fridge.
5. With a small cookie scoop, scoop dough onto pans to make about 2 dozen cookie. With hands, slightly flatten each cookie dough mound to form a round cookie shape.
6. Bake for 10-15 minutes or until cookie centers are done and outsides are golden. Baking time will depend on the size of the cookies. Start with 10 minutes and add time as needed.
7. After removing from the oven, let the cookies set on pan for 10 minutes before transferring to a cooling rack.

Prep Time	Cook Time	Servings
10 minutes	10 minutes	30



Nutrition Facts

Per cookie

Calories	135
Fat	9g
Sodium	65mg
Carbohydrate	13g
Fiber	2g
Sugar	5g
Protein	4g

Welcome TO THE TEAM!



Robert Slichter
Hoagie Line
MFS



Charles Aungst
Hoagie Line
MFS



Michael Cross
Hoagie Line
MFS



Kelly Maruna
Hoagie Line
MFS



Danielle Williams
Hoagie Line
MFS



Donald Rickard
Delivery Driver
MFS



Jaylynn Cullop
Hoagie Line
MFS 2nd Shift



James Barry
Float I
DGF

Congratulations VISTO Winners!

MFS - Diane Harris. Awarded for Initiative.

Diane designed a mail merge document that creates "pick sheets" for our customers to use when sorting. Great Job, Diane!



MFS - Multivac Team. Awarded for Superior Service & Teamwork.

The MFS Multivac Team worked through production issues to accomplish production goals and help the team! Congrats to: Bob Beckel, Nancy Noye, Lynda Vaughn, Judy Dent, Tina Reading, Tristan Yingling, and Roberta Walters! Keep up the great work!





Gratitude Journaling and Your Health

Gratitude journals have become popular in recent years. This might be due, at least in part, to the wealth of research showing a beneficial link between journaling and health.

Researchers define gratitude journaling as “writing on a regular basis about things, people, and events one feels explicitly grateful for.” The format isn’t as important as the consistency of practice.

Here are just a few ways gratitude journaling¹ can support your wellbeing:

Improved Sleep

Gratitude journaling has been associated with better sleep. In one study², researchers found that journaling for two weeks improved sleep quality. If you struggle with falling or staying asleep, journaling about what you are thankful for may be a helpful strategy.

Reduced Inflammation

Another study³ found a link between gratitude journaling and reduced biomarkers for stress and inflammation. This is important because inflammation has been tied to an increased risk for heart disease and other chronic conditions.

Reduced Aggression

Keeping a journal may also help reduce aggression related to hurt feelings. Some research suggests that gratitude journaling is protective against the kind of emotional distress that often leads to aggressive reactions.⁴

Increased Optimism

Increased optimism has been tied to journaling as well. Focusing on what you are grateful for helps you see the positive aspects of your life more clearly.

Strengthened Relationships

There is also evidence that gratitude journaling can improve the quality of relationships. People who express gratitude frequently tend to feel more comfortable voicing concerns earlier in relationships. This helps resolve issues before they become a bigger problem.

In summary, numerous studies have shown that gratitude journaling has the potential to improve emotional wellbeing, quality of life, relationships, and overall life satisfaction. To better support your wellbeing – and the wellbeing of the people you care about – express gratitude often.

1. <https://doi.org/10.1080/17439760.2019.1651888>
2. <https://doi.org/10.1177/1359105315572455>

3. <https://doi.org/10.1097/PSY.0000000000000316>
4. <https://doi.org/10.1177/1948550611416675>

thought for the week:

The expression of gratitude does not have to be complicated. A few thoughtful words or actions are simple ways to show others how much you appreciate them.

quote for the month:

"Resisting change is like trying to hold your breath. Even if you're successful, it won't end well." - Lao Tzu

May Is: National Barbecue Month & National Photograph Month

(snap those great memories w/ family and friends)

HAPPY BIRTHDAY

DelGrosso Foods

James Bell
Sandi DelGrosso
Linda Gray
Timothy Harris
Janice Hartman
Rebecca Hartman
Michael Megahan
Robert Miller
Jeffrey Patton
Timothy Plunket
Brenda Wilt
Matthew Yingling

DelGrosso's Park

Patrick Bottenfield
Mike Moschgat
Jamal Owens
Leanna Rhoads
Madison Shetrom

Marianna Foods

Gabriel Fasciano
Donna Hampton
Dmytro Noel
Leanna Rhoads
Joyce Walls
Danielle Williams

Special Dates!

5th

National Hoagie Day

7th

National Tourism Day

8th

Mother's Day

16th

Wear Purple For Peace Day

19th

World Plant a Vegetable Garden Day

21st

Armed Forces Day

27th

Sunscreen Day (sun protect every day)

30th

Memorial Day